

THE POWER OF CREATIVENESS

CHAMPERNOWNE, WITHYMEAD, JUNG







23rd January-25th June 2023
The University of Sheffield
Western Bank Library Exhibition Gallery
S10 2TN

Opening times: Monday-Friday 9am to 7pm Saturday-Sunday 12pm to 6pm

(excluding bank holidays)

Free entry

Irene Champernowne (1901-1976) was a leading psychotherapist in the UK, who pioneered the integrating power of creativeness to improve mental health and whose vision was to make psychotherapy available to all. Influenced by Carl Jung's psychoanalytic theories, Champernowne pioneered art therapy as a source of treatment which is still used in today's therapeutic practices.

This exhibition tells the story of Champernowne's journey, the stories of communities and the people who supported and influenced her, and the ongoing legacy of her work through current and new creativity.

Showcasing some of Champernowne's archive, donated by The Champernowne Trust, a charity who continue holding events and workshops, influenced by the powerful creative legacy which Champernowne has left.

For more information:



For visitor and access information:



Contact:

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